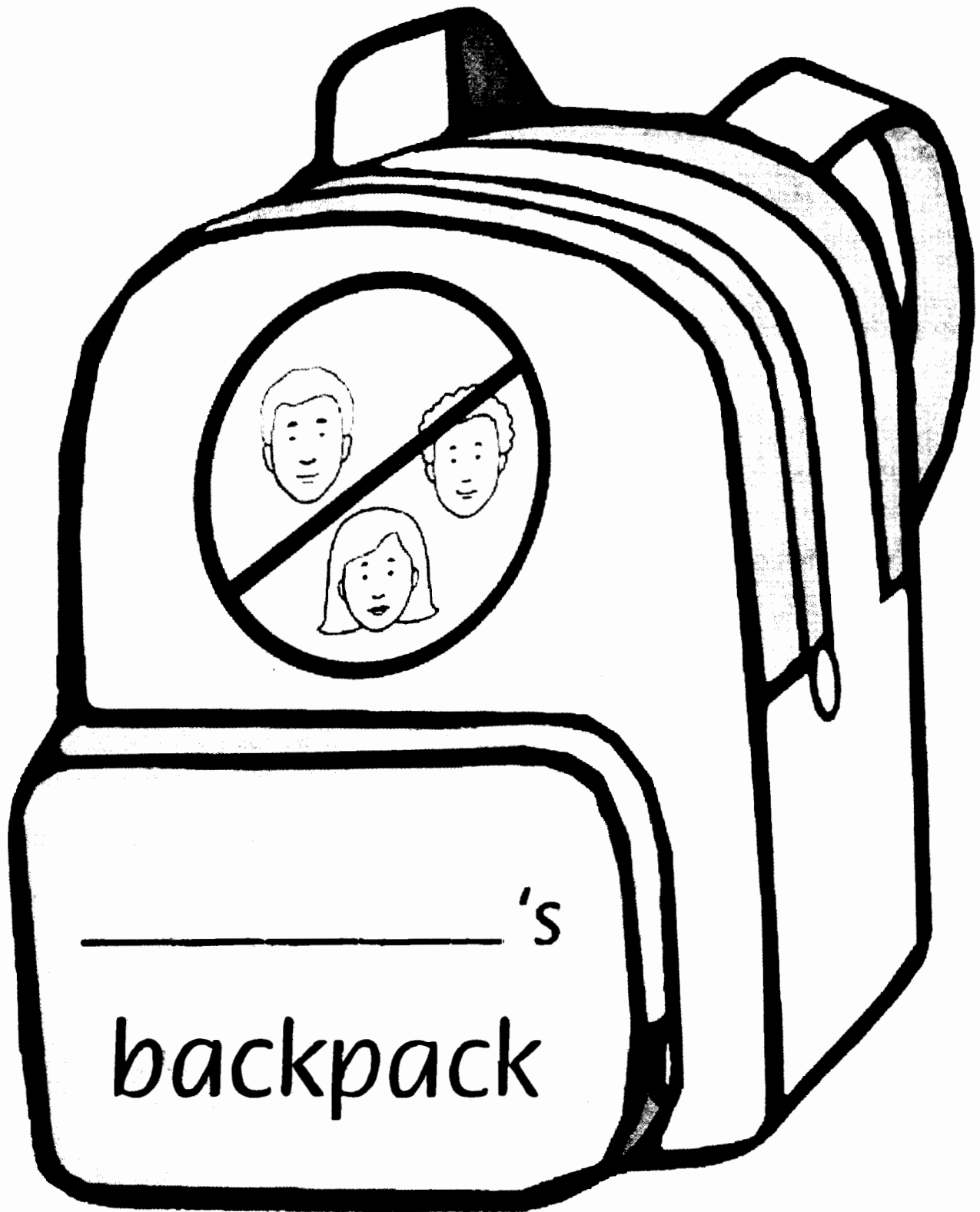
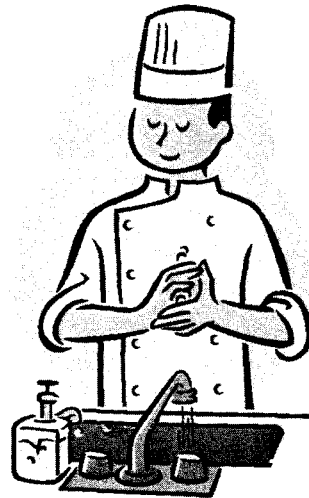
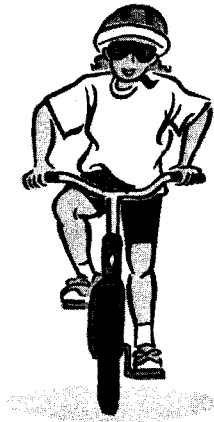


## Girl's Backpack



Name \_\_\_\_\_

# Safety First



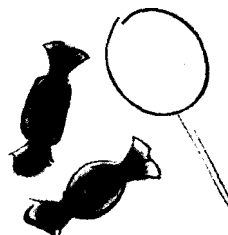
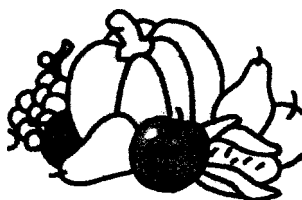
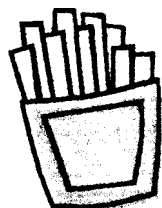
Name \_\_\_\_\_

## Live Long and Strong

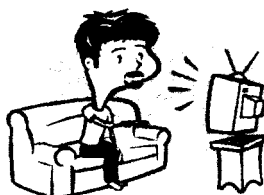
1.



2.



3.



4.



Name \_\_\_\_\_

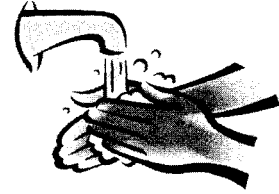
# I Can!

1. I can remember to wash my hands after using the bathroom.

No

Sometimes

Yes

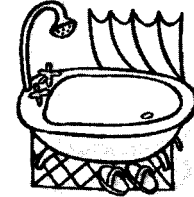


2. I can take a bath or shower by myself.

No

Sometimes

Yes

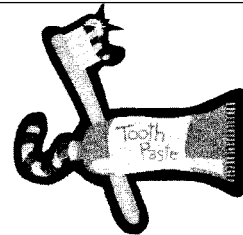


3. I can remember to brush my teeth before bed.

No

Sometimes

Yes



4. I can take time to exercise almost every day.

No

Sometimes

Yes

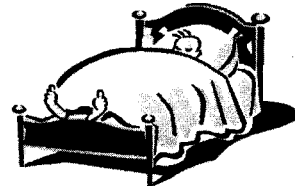


5. I can get a good night's sleep.

No

Sometimes

Yes



6. I can make a healthy snack.

No

Sometimes

Yes


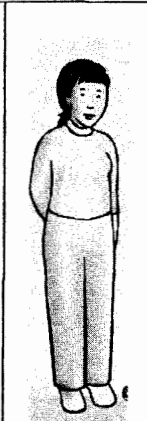






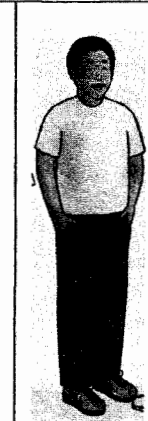



Name \_\_\_\_\_

# Male and Female

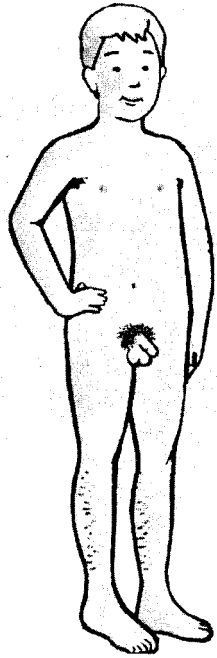
Male

Female

									
girl	aunt	uncle	grand-mother	man	grand-father	woman	boy	Mr.	Mrs.

Name \_\_\_\_\_

## A Boy's Body



head

neck

arms

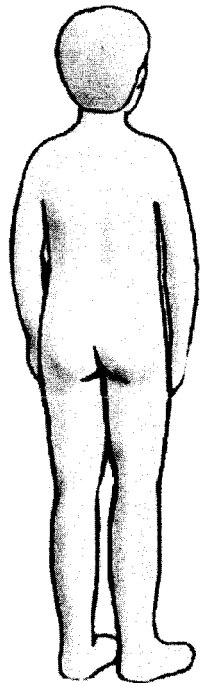
chest

pubic area

penis

scrotum

feet



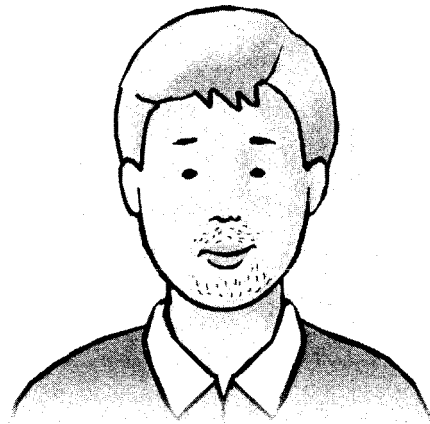
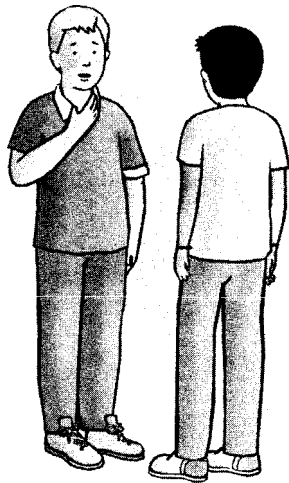
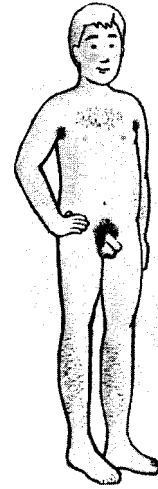
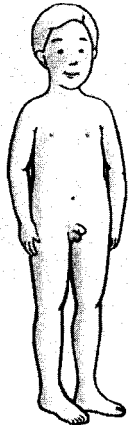
back

bottom

anus

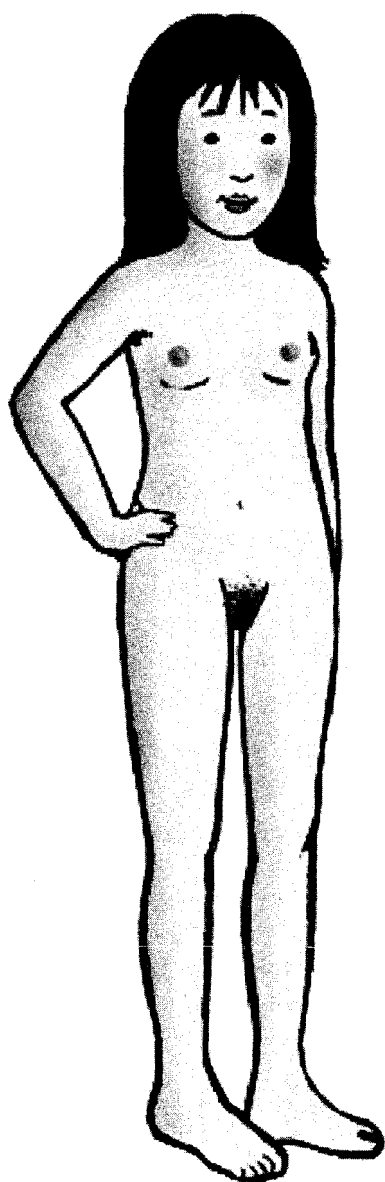
Name \_\_\_\_\_

# See Josh Grow



Name \_\_\_\_\_

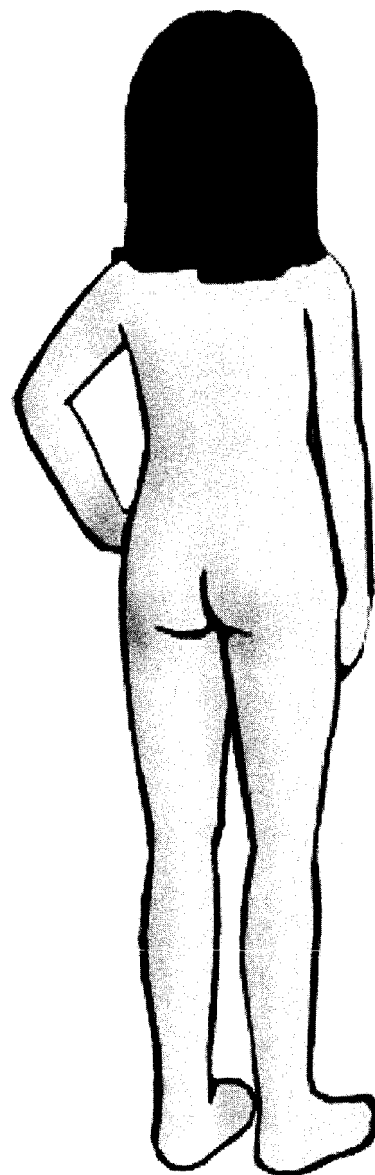
## A Woman's Body (on the outside)



breasts

pubic area

bottom

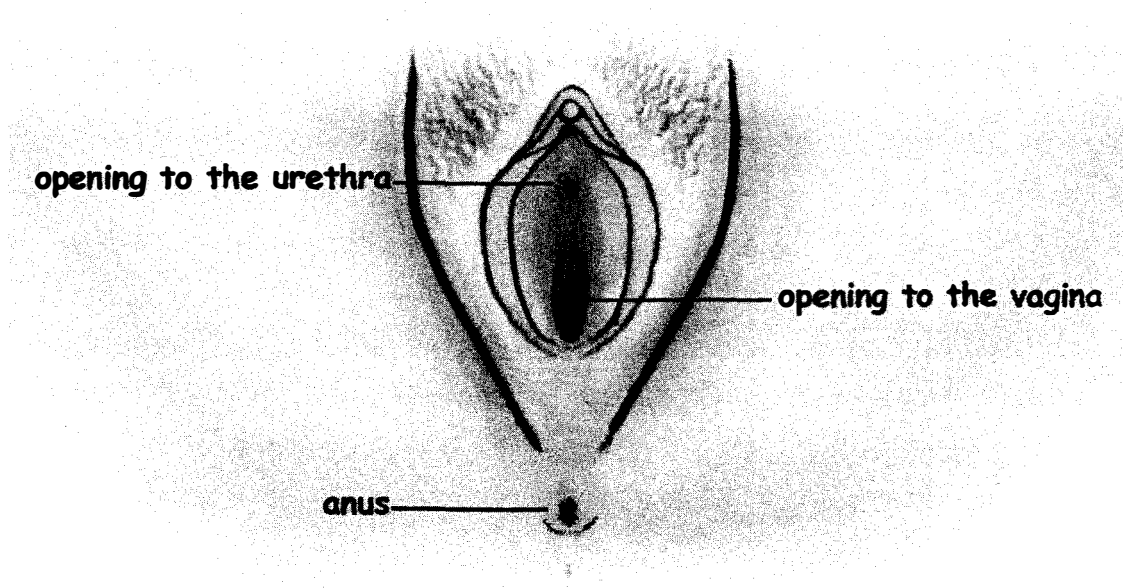




Name \_\_\_\_\_

# In Between

## Vulva



# Changing Your Pad

Pull down underwear



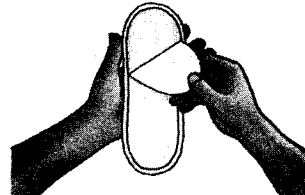
Sit on toilet  
Remove used pad  
Wrap in toilet paper



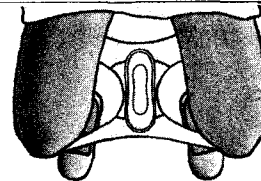
Put used pad in trash



Open clean pad  
Peel off sticky strip cover



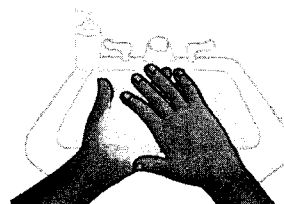
Stick pad to inside of underwear



Pull up underwear

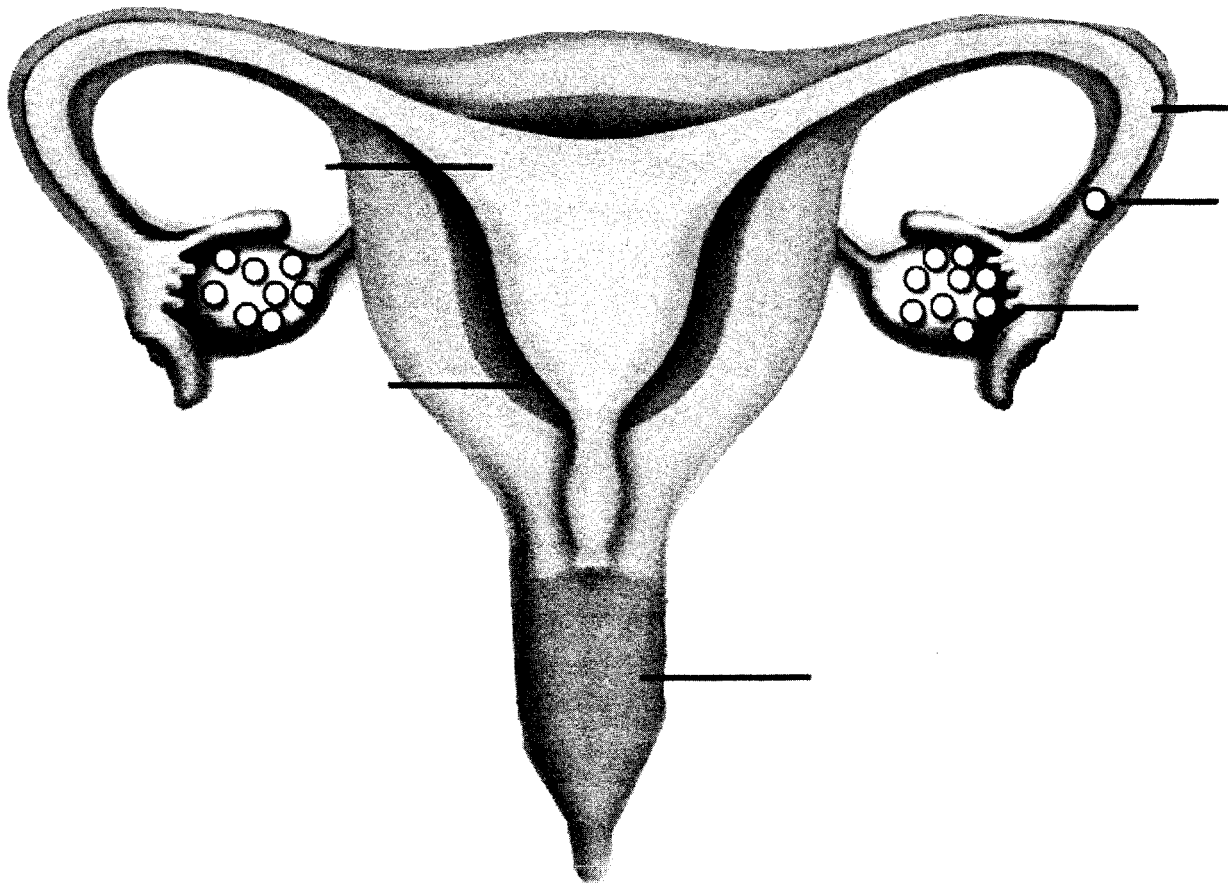


Wash hands



Name \_\_\_\_\_

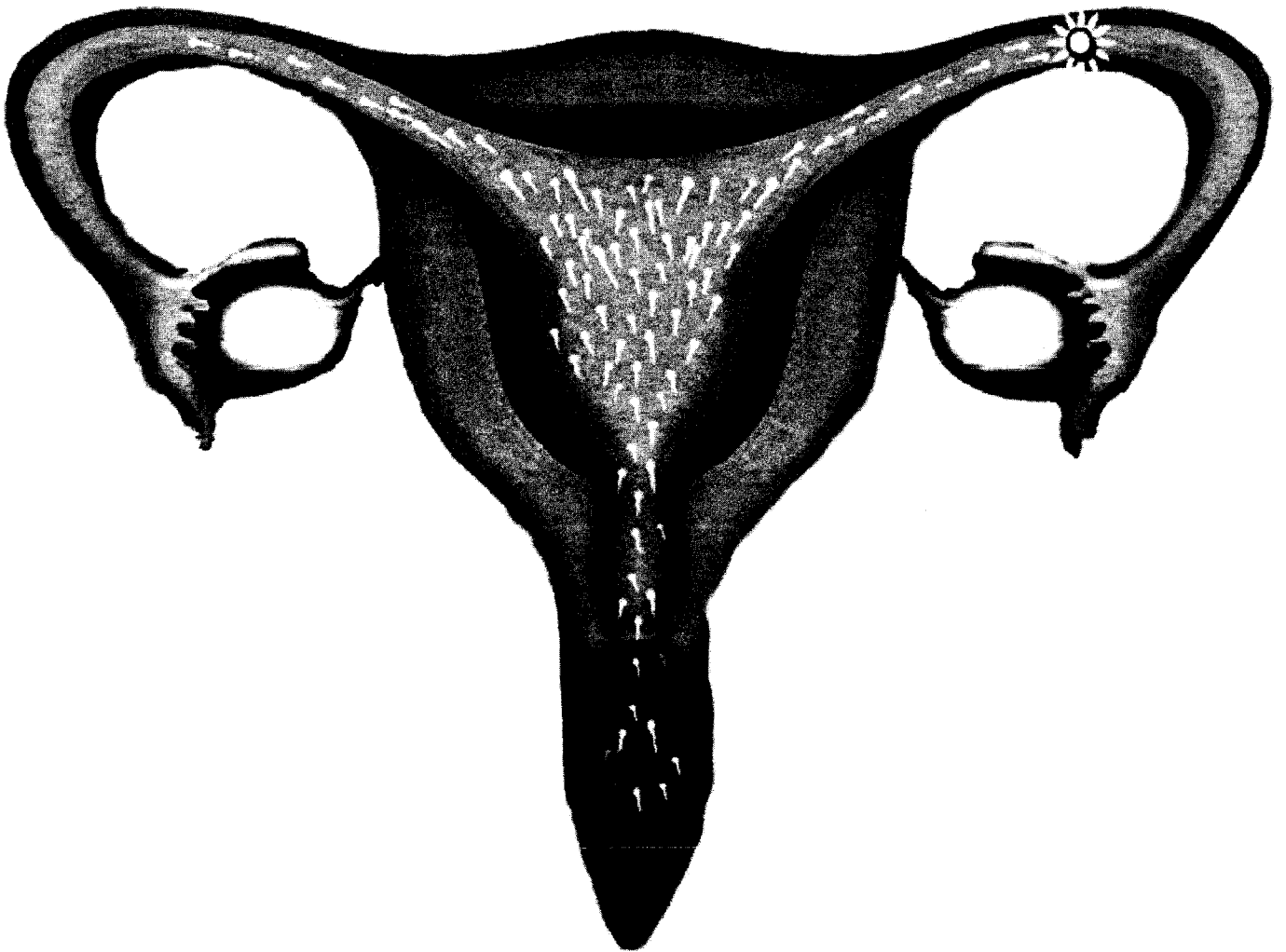
## A Woman's Body (on the inside)



ovary	egg	tube	uterus	lining	vagina
-------	-----	------	--------	--------	--------

Name: \_\_\_\_\_

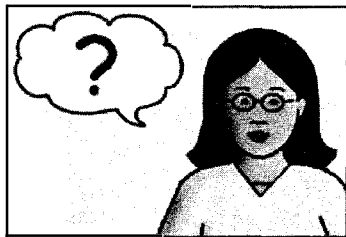
## The Makings of a Baby



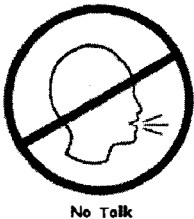
# Good Rules About Sex



Sex is very private business.



Thinking about sex is okay.



Talking about sex in public is not okay.



Having sex is how babies are made.

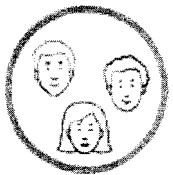
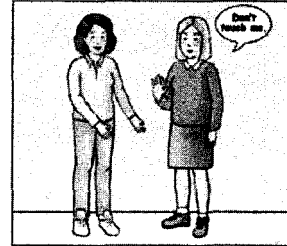


Babies need special care by responsible adults.

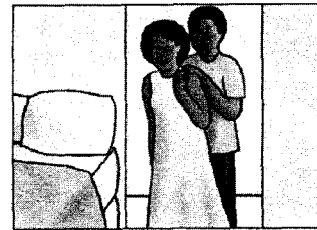
## Name that Icon



No Look



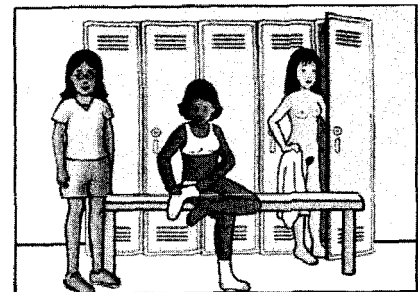
Public



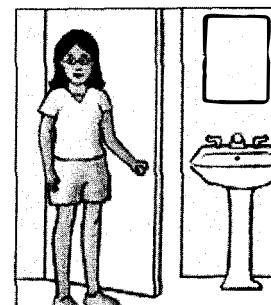
No Touch



Private

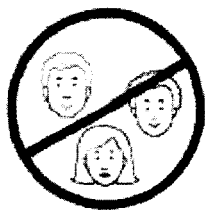


No Talk



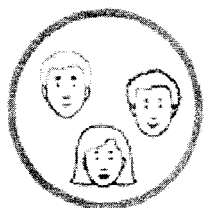
## Icon Index

---



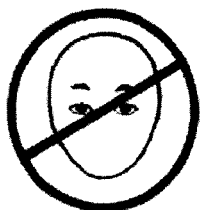
Private

---



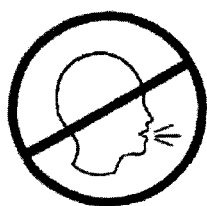
Public

---



No Look

---



No Talk

---



No Touch

---

Name \_\_\_\_\_

## Someone to Talk To

**Name:** \_\_\_\_\_

Place: \_\_\_\_\_

Daytime phone: \_\_\_\_\_

Nighttime phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

**Name:** \_\_\_\_\_

Place: \_\_\_\_\_

Daytime phone: \_\_\_\_\_

Nighttime phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

**Name:** \_\_\_\_\_

Place: \_\_\_\_\_

Daytime phone: \_\_\_\_\_

Nighttime phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_